



# Zephyr Point Presbyterian Conference Center (ZPPCC) Adult Medical Release Form 2019

To attend, all Participant must be completely registered 14 days prior to Arrival.

**Event Name:** \_\_\_\_\_ **Event date(s):** \_\_\_\_\_  
**Participant/CREW First Name:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_  
**Birthdate:** \_\_\_/\_\_\_/\_\_\_ **Gender:** \_\_\_ Male \_\_\_ Female  
**Primary Home Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_ **Zip:** \_\_\_\_\_  
**Home Phone:** (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
**Cell Phone 1:** (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ **Email:** \_\_\_\_\_

**Emergency Contact Information**

**Name:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_  
**Cell Phone:** (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ **Home Phone:** (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

## Health History

Participant *health and medical information needs to be made known to the camp.* Participant *personnel will hold this information in confidence.* If insufficient space is provided, please attach additional paperwork if needed.

**Allergies:** List all known allergies. Describe reaction and management of the reaction:

Medical allergies: \_\_\_\_\_

Food Allergies or special diet needs: \_\_\_\_\_

Other allergies: (includes insect stings, hay fever, asthma, animal dander, etc.): \_\_\_\_\_

Do you carry an epi-pen? YES NO If so, what for? \_\_\_\_\_

Yes	No		Yes	No	
___	___	Recent Injury, illness or infectious disease	___	___	ADHD / ADD
___	___	Chronic or recurring illness	___	___	Heart disease
___	___	Ever been hospitalized	___	___	If female, abnormal menstrual history
___	___	Ever had surgery	___	___	Eating disorder
___	___	Frequent headaches	___	___	Depression
___	___	Head injury	___	___	Sleep problems
___	___	Frequent ear infections	___	___	Psychiatric treatment
___	___	Ever passed out during or after exercise	___	___	Bed wetting (recently)
___	___	Had seizures	___	___	Respiratory problems
___	___	Diabetes	___	___	Other

Please explain any "yes" answers:  
\_\_\_\_\_  
\_\_\_\_\_

Are there any other medical conditions or restrictions we should be aware of? \_\_\_\_\_  
\_\_\_\_\_

**Immunizations:** Current immunizations? YES NO **Date of last Tetanus:** \_\_\_\_\_

**Health Insurance:**

Do you carry health insurance? Yes No Carrier: \_\_\_\_\_ Group ID # \_\_\_\_\_

Doctor of Health Care Facility: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

**Medications:** List ALL medications including over-the-counter or non-prescription drugs taken routinely (please note if the medication is only taken at home). Bring enough to last the entire time at camp. Keep it in the original packaging/bottle that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage and the frequency of administration. Please do not take your child off regular medicines while at camp. Attach additional paperwork if needed for more medications.

Medication #1: \_\_\_\_\_ Dosage: \_\_\_\_\_  
Specific times to be taken each day: \_\_\_\_\_ Reason for taking: \_\_\_\_\_  
Medication #2: \_\_\_\_\_ Dosage: \_\_\_\_\_  
Specific times to be taken each day: \_\_\_\_\_ Reason for taking: \_\_\_\_\_

**Swimming level (circle):** NONE BEGINER INTERMEDIATE ADVANCED

**Media/Photography:** (please select one box below)

I do \_\_\_ I do not \_\_\_ give permission for ZPPCC to use any photographs, video, or interview taken at camp to be used to illustrate, report, promote and advertise ZPPCC. Permission defaults to ZPPCC if a choice is not indicated. (if you check “do not”, you will be excluded from the group photo).

**EMERGENCY AUTHORIZATION AND LIABILITY RELEASE:** This health history is correct so far as I know, and the person described above has permission to engage in all camp activities except as noted. I have familiarized myself with the camp program and events and understand that all activities are completely voluntary. I recognize the inherent risk of injury in camp activities and particularly, but not limited to: swimming, boating, and archery. I understand that ZPPCC has taken extensive safety measures, including the certification of select staff in First Aid, CPR and Water Safety as well as making every effort to aid the safety of all camp participants. I also recognize that ZPPCC cannot ensure or guarantee that the participants, equipment, grounds and/or activities will be free of accidents or injuries. I am aware and have instructed my child in the importance of knowing and abiding by the camp's rules and regulations and do release ZPPCC from all liability for any injury to the camper. I understand that transportation to and from camp (and any liability thereof) is the responsibility of the camper, and not that of ZPPCC.

I give permission to the camp staff to (1) administer the camper's routine medications, as needed medications, and over-the-counter medications for minor illnesses or discomfort; (2) provide appropriate first aid for minor injuries; and (3) seek further treatment from local physician or hospital if condition warrants. In the event I cannot be reached in an emergency, I give permission to the physician selected by the camp director to hospitalize, secure proper treatment for, and to order injection and/or anesthesia and/or surgery for the camper named above. This completed form may be photocopied by the camp to have a second set available for transportation records and for ZPPCC's office.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Please return this form by mail to:**  
**Zephyr Point Presbyterian Conference Center Attn: Program Department,**  
**P.O. Box 289, Zephyr Cove, NV 89448**  
**Or email to: [kramsay@zephyrpoint.org](mailto:kramsay@zephyrpoint.org)**